

## Ten Natural beauty tips for face

Skin care may take back seat in everyday hustle-bustle. This provides an opportunity to chemical-laden cosmetics, stress and improper eating habits to attack and snatch off skin's natural radiance and glow. Since lifestyle and skin care contributes greatly not only to your looks but also on how you feel about yourself, you must take care of it.

There are endless beauty magazines that lure you into cosmetics, but then you are never sure of cosmetics. Left in a state of confusion, natural remedies and practices seem like a last resort. Natural remedies are very effective and can give you glowing and beautiful face. Here's a natural beauty guide (natural beauty tips for face) for you to bring that glow back on your face.

### **Beauty Tips For Fresh and Glowing Face 1:**

The rule of thumb for flawless glowing facial skin still remains a regular cleansing, toning and moisturizing routine. When it comes to cleansing, **rose water** is the best cleansing agent. Take cotton wool, dab it with rose water and apply it on the face to feel fresh and clean immediately. Cleansing your face twice a day will prevent breakout of pimples. Always make it a point to follow your cleansing routine by toning. **Tulsi water** is a great nourishing toner and you can use it with a piece of cotton wool. Now, make a mixture of **onion juice**, **multani mitti** and **honey**. Use this as a natural moisturizer to bring back freshness and glow on your face. Use this for achieving a **glowing face**.

### **Natural Beauty Tips 2: Use Lime Juice as a Scrub**

Mix lime juice with sweet almond oil and sea salt. Use your fingers or a cotton wool and apply it on your face in a circular motion. This natural scrub will remove dead cells from your face giving a radiant glow. Lime peel also aids in fading scars and pimple marks from face.

### **Beauty Tips For Face 3: Use Besan (gram flour) to Get Rid of Tan**

To treat sunburns, you may apply a mixture of one spoon of besan (Gram Flour) and two tablespoon of curd on your face. Let it dry for half an hour and rinse off with cold water. This face mask is a great aid in making your skin clear, soft and glowing naturally. For sensitive skin, mix curd with this mixture and cleanse the sun tanned skin with the paste.

### **Beauty Tips For Soft Skin 4: Cucumber -A Wonderful Beauty Aid**

If you want a happy skin, then cucumber is the answer. You may improve your complexion by applying a paste of cucumber mixed with raw milk. It will take 15

## Ten Natural beauty tips for face

minutes for cucumber juice to seep into your skin then wash off with fresh water. It also helps in soothing and softening your skin.

### **Beauty Tips For Brighter Complexion 5: Tomato- An antioxidant Power Blast**

Tomatoes are great anti-oxidants. For wrinkle-free skin, mash two large tomatoes and apply it evenly on your face. Rinse off after 20 minutes with cold water. To make a paste, use one day old curd and mix with a tomato pulp. Apply this face pack daily in the morning to reveal a brighter and sparkling fresh complexion for beautiful face.

### **Beauty Tips 6: Treat Oily Skin with Tomatoes**

Tomatoes are great for the skin as they have cooling and astringent properties. Its naturally acidic, so it helps balance the skin and get rid of excessive oil. Evenly apply tomato pulp on your face. Let it dry for 15 minutes and wash your face with warm water for naturally glowing face.

### **Beauty Tip For Removing Blackheads 7: Use Cucumber and Lemon for removing Blemishes**

To naturally remove blackheads and have a fairer skin, prepare a paste with equal amounts of cucumber juice and lemon juice. Apply this paste on your face and neck before taking bath. Let your skin absorb it for at least ten minutes. With regular use you will notice lesser blackheads and a fairer skin tone.

### **Beauty Tip For Fresh Vibrant Face 8: Natural Face Pack for Dry Skin**

If you have dry and rough facial skin, prepare a paste of equal amount of mashed muskmelon, pumpkin, cucumber and watermelon. Blend the mixture with milk cream and apply it on your face. Leave the paste to dry for one hour and rinse it using plain water. It lifts away the dry skin, giving a fresh vibrant look to your skin.

### **Natural Beauty Tip For Glowing Face 9: How to Close Pores Naturally**

Slice an apple into thin slices. Place these on the face and leave for 15 minutes. These soak up the extra oil and helps to close pores. You may even make paste of apple peel, honey, vinegar, and a dash of multani mitti. Apply for 30 minutes and rinse off with rose water. Your skin will visibly tighten and will develop a healthy, radiant glow.

### **Natural Beauty Tip For Skin Problems 10: Pamper yourself with the Basics**

Water and good sleep are natural facial beauty enhancers. 10-12 glasses of water per day and six to eight hours of sleep every day is essential for your skin to

## **Ten Natural beauty tips for face**

revitalize and repair damaged tissue. Set reasonable limits, scale back your to-do list and make time to do the things you enjoy. It will help in curing acne breakouts and other skin problems.

Restricting your consumption of oily and fatty food besides taking help of above mentioned beauty tips would further ensure naturally gorgeous complexion and spotless facial skin.

For more tips:

Post on <http://allfreebd.com>